



Clinical Supervision Contract

This contract serves as verification and a description of the counseling supervision provided by Tammy Lewis Wilborn, PhD, LPC-S, LPC/MHSP-S, NCC (Supervisor) to _____ (Supervisee).

Purpose, Goals, and Objectives of Clinical Supervision: The purpose of clinical supervision is three-fold: (1) to monitor and ensure that you are engaging in best practices that promote client welfare (2) to facilitate the development of your professional identity as a competent and confident professional counselor, and (3) fulfill requirements in preparation for licensure as a licensed professional counselor.

Context of Services: Supervision will consist primarily of weekly individual supervision for one hour. To aid in organizing your supervision experience, I employ the Discrimination Model as a framework for supervision (Bernard, 1997). The model is situationally specific and allows me flexibility as a supervisor to tailor the focus of supervision to meet your supervision needs based on three foci: intervention skills, conceptualization skills, and personalization skills.

Additionally, you may be asked to provide audio or videotapes of your client sessions along with supporting client documents to address issues in any of the foci mentioned above.

Method of Evaluation: Evaluation will be given in the form of weekly feedback in individual session along with formal evaluations as required for professional counseling licensure. Weekly feedback will be based on specific skill issues related to intervention, conceptualization, and personalization skills as well as any issues that you and/or I present to supervision that need address.

Duties and Responsibilities of Supervisor and Supervisee: As in any relationship, each person has a responsibility in ensuring the success of the relationship.

As a supervisor my responsibility to you as a supervisee is to:

- a. Uphold the terms of the supervision contract
- b. Promote an open, honest, and trusting supervision environment to explore intrapersonal and interpersonal issues affecting the therapeutic and supervision relationship
- c. Ensure best practices and ethical guidelines are upheld
- d. Intervene to promote client welfare
- e. Promote your conceptualization, intervention, and personalization skills
- f. Promote social justice competency and advocacy



- g. Challenge your conceptualization skills and therapeutic approach
- h. Create learning opportunities that model effective therapeutic approaches
- i. Discuss concerns with you throughout supervision regarding evaluative concerns
- j. Maintain weekly supervision notes

As a supervisee your responsibility is to:

- a. Take responsibility for your learning and development
- b. Present concerns regarding your therapeutic or supervision relationships
- c. Uphold ethical guidelines and best practices
- d. Maintain current professional liability insurance
- e. Be prepared to present taped sessions and case summaries
- f. Maintain accurate and current case notes and client files
- g. Implement supervision recommendations in subsequent sessions

Procedural Considerations: Issues related to your professional development and the welfare of the client is the primary focus of supervision. While it is my sole belief that we can work together to resolve challenges that may arise in supervision, the occasion may arise that this is not so. If challenges of either party are not resolved in supervision, supervision may be terminated. In the event of emergency, I may be contacted at (504) 509.3995.

Supervisor's Scope of Competence: I am licensed as a LPC-S #6422 with the Louisiana Board of Examiners, 8631 Summa Avenue, Baton Rouge, LA 70809 (225) 765-2515. I am a Board Approved Supervisor of Provisional Licensed Professional Counselors (PLPCs). I am also a licensed professional counselor (LPC) board certified and licensed by the Tennessee State Board of Licensed Professional Counselors, Marital and Family Therapists, and Licensed Pastoral Therapists (#2351). I am also a National Certified Counselor (NCC; #342407). I have a Ph.D. in Counselor Education and Supervision from University of North Carolina at Charlotte (2015; CACREP-accredited), M.S. in Counseling (2003; CACREP-accredited), and a B.A. in Psychology (1999) from Loyola University of New Orleans. I have over 15 years of clinical experience providing individual, group, and family counseling to children, adolescents and adults for a range of treatment issues: child and adolescent related disorders, clinical and mood disorders, trauma, domestic violence, couples and marital issues, employment issues, and eating disorders. Finally, I have over five years of clinical supervision experience of providing supervision to both student and practicing counselors. I also hold active memberships with the American Counseling Association, the Louisiana Counseling Association, the Louisiana



Counseling Association for Counselor Education and Supervision, and the Southern Association for Counselor Education and Supervision.

Terms of the contract: This contract is subject to revision at any time, upon the request of either the supervisor or supervisee. We agree to the best of our ability to uphold the terms specified in this supervision contract and to conduct our professional behavior according to the ethical principles of the American Counseling Association.

Supervisee Date Tammy L. Wilborn, Ph.D., LPC-S, LPC-MHSP, NCC/ Date

This contract is effective from _____ to _____.

Date of revision or termination: _____